

ASH WEDNESDAY REFLECTION

1st Reading: Joel 2.112-18: *Return to the Lord for he is merciful.*

Psalm: 51: *Create a clean heart in us, O God, and be merciful.*

2nd Reading: Corinthians 5.20, 6.2: *Be reconciled to God; now is the day of salvation.*

Gospel: Matthew 6.1-6, 16-18: *Jesus teaches that almsgiving, prayer, and fasting should be done in secret.*

Today we celebrate Ash Wednesday, the first day of the liturgical season of Lent. In this season, we prepare ourselves to celebrate the high point of our Christian life, Easter. Each year, the readings for Ash Wednesday are the same. They call us to a change of heart and teach us about the traditional Lenten practices of prayer, fasting, and almsgiving. These disciplines are to be part of the Christian life during every season, but during the season of Lent, we renew our commitment to them. The meaning behind tracing a cross on our foreheads with ashes (the liturgical sign of Ash Wednesday) is a summary of our Christian life. On one level, the ashes remind us of our origin and our death. (In the words of the prayer said when we receive ashes: "Remember that you are dust and to dust you shall return.") The ashes are also the sign of our victory: the cross of Christ. In his death and resurrection, Christ conquered death. Our destiny as Christians is to receive the victory over death that Christ won for us. We acknowledge that victory when we "[t]urn away from sin and [are] faithful to the gospel," words from the alternative prayer when we are signed with ashes.

Today's reading is part of the Sermon on the Mount. In the sermon, Jesus warns his followers against acting for the sake of appearance. When Jesus' disciples give alms, pray, and fast, they are to do so in such a way that only God, who sees the heart and knows what is hidden, will know. Although our Lectionary reading omits the Lord's Prayer, we can recall that Matthew presents that prayer as a model for the disciples' prayer.

~God Bless~