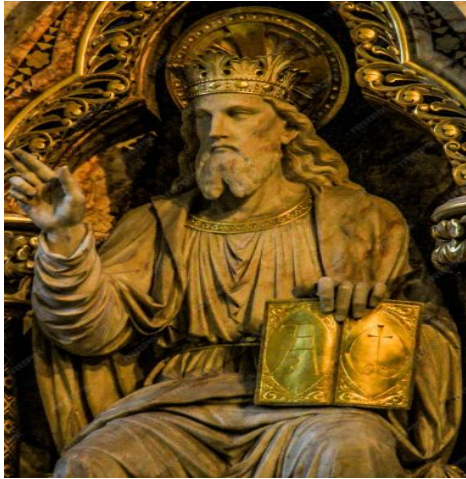


# WELCOME TO ST. PETER'S ROMAN CATHOLIC CHURCH



## SIXTH SUNDAY IN ORDINARY TIME Sunday, February 15, 2026

### WEEKLY LITURGY February 14<sup>th</sup> – 22<sup>nd</sup>, 2026

<b>Sat. Feb. 14<sup>th</sup>, 5:00 p.m.</b>	Prayers and Healing for Earl Dalphy by Family and Friends
<b>Sun. Feb. 15<sup>th</sup>, 9:30 a.m.</b>	+ For the repose of the Soul of Stewart Morrison by Martin and Joanne Elsaesser
<b>11:00 a.m.</b>	<b>For the Intentions of the Parishioners of St. Peter's</b>
<b>Mon. Feb, 16<sup>th</sup>,</b>	<b>No Mass</b>
<b>Tues. Feb. 17<sup>th</sup>, 7:00 p.m.</b>	<b>Prayers and Healing for Bill Ricketts by his Family</b>
<b>Ash Wed. Feb. 18<sup>th</sup> 8:00 a.m. 7:00 p.m.</b>	For the Intentions of Elizabeth Guzzo by the morning prayer group
<b>Thur. Feb. 19<sup>th</sup>, 8:00 a.m.</b>	For the Holy Family of Jesus, Mary and Joseph
<b>Fri. Feb. 20<sup>th</sup>, 8:00 a.m.</b>	+ For Holy Souls in Purgatory by a Parishioner
<b>Sat. Feb. 21<sup>st</sup>, 5:00 p.m.</b>	<b>For the Intentions of the Parishioners of St. Peter's</b>
<b>Sun. Feb. 22, 9:30 a.m.</b>	+ For the repose of the Soul of Karen Fabbi by her Son Kevin and Family
<b>11:00 a.m.</b>	+ For repose of the Soul of Gerry Aubut by his Children and grand kids

### WEEKLY COLLECTION: Feb. 7 and 8, 2026

**Envelope/Loose Collection: \$863.00; Other Collections:  
\$248.00; Grand Total: \$1, 111.00  
THANK YOU for your kind generosity and support**

### ST. PETER'S ROMAN CATHOLIC CHURCH

**Pastor:** Rev. Cyprian Adibe  
emekaadibe2002@yahoo.com  
Emergency number: 613-265-9303

**Administrative Assistant:** Richard Sutton  
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[www.stpetersparish.ca](http://www.stpetersparish.ca)  
**1640 Heatherington Road  
Ottawa, Ontario  
K1V 9P5  
613-733-1553**

### EUCHARISTIC CELEBRATIONS and SACRAMENTS

#### Weekend Masses

Saturdays 5:00pm & Sundays 9:30am &  
11:00am

Hospitality Sunday: (First Sunday of the month)  
Saturday 5:00 pm and Sunday 10:30 am Only

#### Weekday Masses

**Tuesdays @7pm beginning November**  
Wednesdays, Thursdays & Fridays at 8:00am

#### Confessions

Saturdays 4:15pm- 4:45pm  
Sundays 8:30am – 9:00am  
Weekdays upon request before each Mass

#### Eucharistic Exposition

**Wednesday @7.30am**  
Thursdays @ 7:30am (Silent)  
Fridays a@ 7:30am

#### Healing Mass and Adoration

First Friday of each month: Mass at 7pm and  
adoration follows immediately until 8.30pm

#### Baptisms, Confirmation, First Confession & First Communion

Please call the Parish office at least two months  
in advance for details.

#### Marriage

Please contact the office 6 months in advance.

**Pastor's Corner**  
**Sixth Sunday In Ordinary Time - Reflection**

**Themes:** law, commandments  
“Choose Life. Choose Greatness.”

**Brethren,** This Sunday's readings (Sirach 15:15–20; 1 Corinthians 2:6–10; Matthew 5:17–37) confront us with a powerful truth: holiness is a choice. Sirach tells us plainly, “If you choose, you can keep the commandments.” God does not force us. He dignifies us with freedom. Before us are fire and water, life and death—and we stretch out our hand for whichever we prefer. Every day we stretch out our hand.

When we decide whether to forgive or to hold a grudge. When we choose honesty over “creative storytelling.” When we choose prayer instead of scrolling endlessly. When we choose love over ego. Jesus, in the Gospel, raises the bar. He says it's not enough to avoid murder; deal with anger. It's not enough to avoid adultery; guard your heart. It's not enough to keep oaths; let your “Yes” mean yes. In other words, Jesus is not interested in surface religion. He wants heart transformation.

There's a story of a little boy who was told by his mother to sit down. He refused. After much insistence, he finally sat—but muttered, “I may be sitting down on the outside, but I'm standing up on the inside!” That is the difference between external compliance and internal conversion. Jesus wants us sitting down on the inside too! Our world often promotes the minimum: “As long as you didn't break the law, you're fine.” But Jesus calls us beyond minimum living to maximum loving. Christianity is not about avoiding the worst; it is about becoming our best.

Think of an athlete training for a championship. No one stumbles into excellence. It requires discipline, sacrifice, focus. In the same way, spiritual greatness requires daily decisions. Small choices shape eternal destinies. Perhaps someone reading this is thinking: “Father, this sounds demanding.” Yes, it is—but it is also liberating. God's commandments are not chains; they are guardrails. They keep us from driving off cliffs we cannot see. And here is the good news: God never commands without empowering. The same Lord who calls us higher gives us grace through the Eucharist, through Confession, through His Word.

This week, I challenge you to make one deliberate choice for holiness. One relationship to heal. One habit to confront. One step deeper in prayer. Choose life. Choose Christ. Choose greatness. May the Holy Spirit give us the courage not just to admire the Gospel—but to live it boldly.

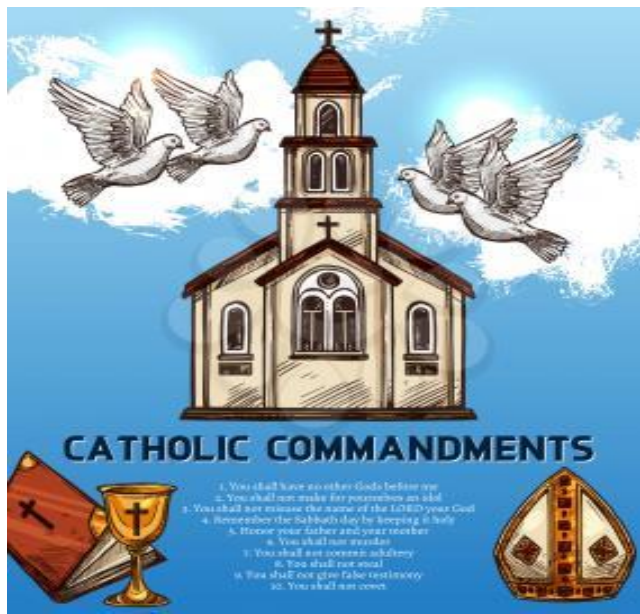
Fr. Cyprian Emeka Adibe

**PRAY FOR THE SICK OF OUR PARISH**

We remember in prayer all those who are sick in our parish community, Volma Goodman, Shelley King, Joan Sutton, Ms. Molly, including Bill Ricketts, Mary Quigley, Elizabeth Guzzo, Earl Dalphy, Albert Potvin and Shaun Potvin. We also pray for those who have died ***“May God Restore You To Good Health”***



**ASH WEDNESDAY MASS: Ash Wednesday is this coming Wednesday, February 18<sup>th</sup>, 2026** and marks the beginning of the holy season of Lent. Lent is a time of increased prayer and fasting. A special Mass with the blessing and distribution of ashes will be held at 7:00 pm here at St. Peter's. All are welcome to attend. Please note that there will be an 8:00 am Mass offered that morning.



**2026 REGISTRATION PREPARATION FOR THE SACRAMENTS OF FIRST RECONCILIATION, FIRST HOLY COMMUNION AND CONFIRMATION IS NOW OPEN.**

Parents who wish to have their child(ren) prepare for any of these Sacraments are asked to visit the parish office to pick up a registration form. The Sacraments of First Reconciliation and First Holy Communion will be held on the weekend of Sunday, April 12, 2026 at the 11:00 a.m. Mass. The Sacrament of Confirmation will be held Sunday, May 31, 2026, at the 11:00 a.m. Mass.

**Sunday Smile** 1. The Traffic Light Christian, A woman prayed, “Lord, I obey Your commandments.” But later that day, she ran a red light. She said, “Well, Lord, that one doesn’t count. There was no traffic!” Sometimes we treat God’s commandments like traffic lights at 2 a.m. — “If no one is watching, it’s fine.” But Jesus says: “It’s not about who is watching. It’s about who you are becoming.”

2. Anger Management... A husband said, “I don’t get angry. I just get intensely expressive.” His wife replied, “No dear, you get loud.” Jesus says today: “If you are angry with your brother...” Notice He didn’t say, “If you punch him.” He said, “If you’re angry.” Even silent anger counts. Even eye-rolling counts. Yes... even that “God bless you” that didn’t really mean “God bless you.”

**ASH WEDNESDAY FASTING AND ABSTINENCE FROM MEAT:** Ash Wednesday is a day of fasting and abstinence from meat in the Catholic Church throughout the world. Catholics 14 years of age or older are required to abstain from all meat this day (fish is permitted). Catholics from 18-59 years of age are also required to fast. This means that one main meal is permitted in the day, with two small snacks totalling less than the main meal when added together, and that no food or drink is to be taken between the meals/snacks. Medicine and water is permitted at all times.

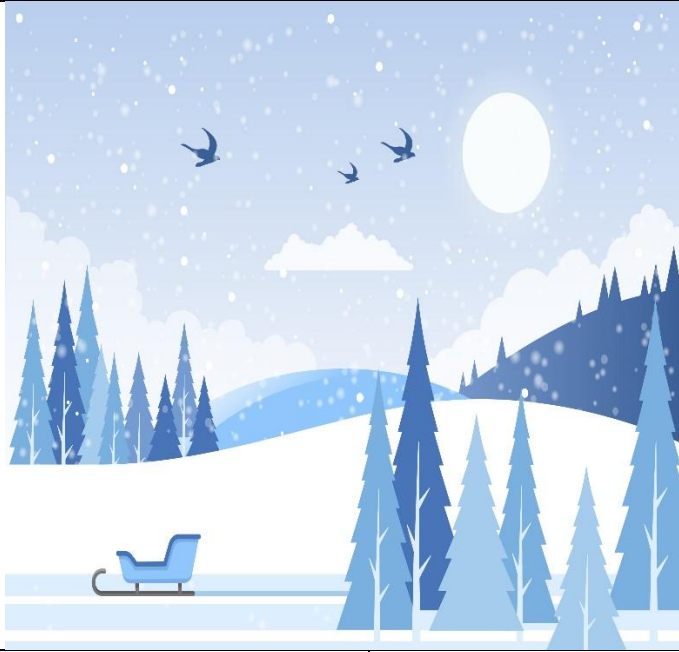
**STATIONS OF THE CROSS:** Starting Friday, Feb. 20, 2026 and Every Friday evening during Lent at 6:30 pm. Come and join Father Cyprian here at the parish, as we walk through the fourteen stations to experience this powerful way to contemplate, and enter into, the mystery of Jesus’ gift of himself.

**ST. PETER’S SOCIAL ACTION: “40 Items for 40 Days”** Food Drive during Lent. We invite parishioners to collect one non-perishable food item each day for our neighbours in need. International foods and baby foods/ formulas are welcome. Food donations will go to the Heron Road Emergency Food Centre. St Vincent de Paul for Those in Need envelopes are available in the church entrance for money donations. We are all God’s instruments; through Christ, may we continue to serve the poor with open and loving hearts. Thank you for filling our For Those in Need Grocery.

**RITE OF ELECTION:** During Lent, adults from across our Archdiocese gather for the Rite of Election, publicly affirming their desire to enter the Catholic Church. At Easter, they will be fully welcomed into the Church through the sacraments of initiation. The entire Archdiocese is invited to celebrate this moment of grace. March 1, 2:30pm at NotreDame Cathedral-Basilica, 56 Guigues Ave.

**Archbishop’s Fund for Mission Advancement –** Special Collection (February 21-22) On the First Sunday of Lent, we invite your contribution to the Diocesan & Missionary Works special collection, which supports the Archbishop’s Fund for Mission Advancement. This fund helps Archbishop Damphousse respond quickly and generously to real needs and to opportunities that support the mission of the Church, especially here in the Archdiocese of Ottawa–Cornwall. Most of what is given stays right here in our diocese, supporting evangelization, youth and family ministry, Catholic education and campus ministry, and other charitable works close to home. Thanks to your generosity, more than \$60,000 was raised last year. This year, our goal is \$100,000. Thank you for being a part of the mission!

Mass Intentions Offer a Mass, for a loved one, or In thanksgiving. Contact the parish office or visit us in person.



To Advertisised on this page of the bulletin, please contacted the parish office at 613. 733.1553 or by email: [stpeters1640@gmail.com](mailto:stpeters1640@gmail.com)

